

SERMON NOTES

MESSAGE: STANDING FIRM
SCRIPTURE: PHILIPPIANS 1:27-30



Sunday, October 13th, 2024
Welcome to Worship!

MESSAGE: STANDING FIRM
SCRIPTURE: PHILIPPIANS 1:27-30

If you are new to Gospel Chapel, please fill out a GUEST CARD, located at the info desk, and drop it into the offering box! To update your contact information, please fill out a CONTACT INFORMATION UPDATE FORM, also located at the info desk.

We look forward to hearing from you!

GENERAL NOTICE

Our building is a fragrance-free facility to honour those with health conditions and allergies. This includes all perfumes, scented products, and essential oils. Thank you for your understanding.

Please note that those seated nearest the stage may be captured on our live-stream, which is available for public viewing.

GOSPEL CHAPEL

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ANNOUNCEMENTS

SEPTEMBER-OCTOBER CALENDAR

- ✦ **October 20th** – Special Business Meeting / Following service
- ✦ **October 20th** – Plan to Protect Refresher / 11am / Fireside Room
- ✦ **October 20th** – Lodge Ministry switched from 2nd to 3rd Sunday for October only

WEEKLY MINISTRY

- ✦ SUNDAY / **Pre-Service Prayer Time** / 8:30-9:20am / Fireside Rm
- ✦ SUNDAY / **Lodge Ministry** / Boundary Lodge 1pm / Silver Kettle 2pm / 2nd Sunday of the month / No masking required
- ✦ MONDAY / **Weekly Ladies DBS** / 9:30-11:30am / Childcare room behind balcony / Contact Lindsay Hiebert-Edwards at edwardsmain@protonmail.com / Not in session Oct 12th
- ✦ MONDAY / **Men's Basketball** / 7-9pm
- ✦ WEDNESDAY / **Weekly Prayer Meeting (via Zoom)** / 7am
Contact Evelyn Brown at evbaca@juno.com for link
- ✦ WEDNESDAY / **55+** / 10am-12pm / Fireside Room
- ✦ THURSDAY / **Sensible Shoes Study** / 1-3pm / Fireside Room
- ✦ THURSDAY / **L.I.F.T.** / 6:30-8:00pm
- ✦ FRIDAY / **Men's Group** / 6am / MW Electric (222 72nd Ave)
- ✦ SATURDAY / **Prayer for Israel-Hamas War** / 1-2pm / 1536 Donaldson Drive / Hosted by Sarah Kirchhevel

SPECIAL BUSINESS MEETING: FISCAL YEAR

- ✦ A very short members meeting is being called on Sunday, October 20th following service by the Board of Elders for the membership to approve of the Transitional Budget for January – April 2025. As we shift our Annual General Meeting and Fiscal Year End to the end of April, we require a Transitional Budget. Copies of the Budget are available at the information desk. There will be no formal “agenda” as this meeting has one motion and one purpose: “That we approve the Budget for January to April 2025 as presented.” However, members need to sign-in so we can declare quorum and have the necessary records.

DISCIPLESHIP EXPLORED

- ✦ Take a look at the series ‘Discipleship Explored’ on RightNow Media, diving into the book of Philippians. If you do not have RightNow Media account, sign-up for one today at <https://app.rightnowmedia.org/join/GospelChapel>.

SHORT TERM MINISTRY OPPORTUNITY

- ✦ Sunday morning coffee prep and clean up! To sign-up for one Sunday in October or November, please visit the coffee table!

PLAN TO PROTECT TRAINING

- ✦ A final Plan to Protect refresher will be held on October 20th at 11:00am! Please reach out to Heather at hcampeau@gospelchapelgf.com and join us for this interactive refresher course!

GIVING

- ✦ Please use the offering box located at the info desk for your donations during Sunday service times!
- ✦ To give to the ministry of Gospel Chapel: e-transfer to gcfincaneteam@gmail.com, drop-off envelopes at the church office Tuesday through Thursday, or deposit them into the offering box during Sunday services.

PLEASE PRAY FOR:

Oksana Betancurt
Steve Birdsall (Kristy Benson's brother)
Tony Bosch & Ann Flynn (Coby Postma's brother-in-law & sister)
Luke Postma (Steve Postma's brother)
Georgia Campeau/ Jim Goertzen / Bruce & Laurie Hawley
Jack Hooge / Norm Marian / Ruth Martens
Maxim & Anya Oliferovski / Multiply Pastors – Zaporozhye, Ukraine
Darlene Preston (Tammy Battersby's mother)
Paula Savin / Doug Sinclair / Barb Smuland

Self-control is choosing to do what's best even when you don't want to.

DAY 1

Read Proverbs 13:3

Ever get a “talks too much” or “needs to work on controlling their words” on your report card? For some of us, talking just comes naturally. When we think of something we want to say, it's hard to keep our mouths closed. But talking out of turn can get you in trouble—and not just in the classroom.

It's not a bad thing to be a talkative person, but it isn't a good thing if you're the only one who ever talks. If you want to control your tongue and create friendships that are strong, you have to be a good listener too. It takes self-control!

Take a listening challenge. Look at the two questions below. When you see a friend tomorrow, before you start talking about yourself, ask your friend one of these questions first, and then LISTEN.

What is the best thing that's happened so far today?
What's the worst thing that's happened so far today?

DAY 2

Read Proverbs 21:23

Do you love trouble? Do you LIKE getting grounded or having a note sent home from your teacher about poor choices at school? NO WAY! No one likes to get in trouble. In fact, we like to stay AWAY from trouble, right?

The things you say can get you in trouble. Once you've said something hurtful, even if you didn't really mean it and even if you say you're sorry, it can't be unsaid. So it's better to think before you speak and select your words carefully. When you're careful about what you say, you'll stay out of trouble—and maybe keep yourself from getting grounded too.

On Repeat

Proverbs 21:23 is a GREAT verse to have in the back of your mind when you need it. Say this verse at least 10 times using different voices (soft, loud, fast, slow, opera style, rap etc.) until you have it memorized.

Read James 1:19

Did you have to hurry anywhere today? Maybe you hurried to . . .

- . . . catch the bus to school.
- . . . finish your homework to play.
- . . . grab your cleats and water bottle so you wouldn't be late for soccer practice.

When it comes to controlling our tongues, there is one thing we should always be in a hurry to do— LISTEN. When you listen, you always learn something. When we're quick to listen, it helps us to hear what the other person is feeling. When we're SLOW to speak, we give ourselves time to calm down before we lose our tempers!

Hop To It

Grab some index cards or small pieces of paper and write the verse in phrases on the cards. Place them on the ground so that you can jump or hop from one card to the next. Walk over the phrases quickly or slowly as you repeat the verse.

Read Ephesians 4:29

Is there a "list" of words you're not allowed to say? If you say a word from the "list" in front of your mom or dad or your teacher, you'd probably get in BIG trouble! There are other words that you also should avoid. Do you know what they are? To help you figure it out, read through the questions below.

- ➔ Is it helpful?
- ➔ Is it something that's okay for my three-year-old brother to repeat?
- ➔ Would I say it to the principal at school or the president of the United States?
- ➔ Would I say it to Jesus if He were standing right in front of me?

If you answered "no" to any of these questions, then whatever it is that you want to say is better left unsaid. Careless or thoughtless words can ruin your relationships with others. Instead, use words that will build others up. Think before you speak so that others can trust that you are a good friend.

Think before you speak.