

## SERMON NOTES

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MESSAGE: FROM GLORY TO GLORY  
SCRIPTURE: PHILIPPIANS 2:5-11

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**Sunday, October 27<sup>th</sup>, 2024**  
**Welcome to Worship!**

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SCRIPTURE: PHILIPPIANS 2:5-11

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If you are new to Gospel Chapel, please fill out a GUEST CARD, located at the info desk, and drop it into the offering box! To update your contact information, please fill out a CONTACT INFORMATION UPDATE FORM, also located at the info desk.

We look forward to hearing from you!

### GENERAL NOTICE

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Our building is a fragrance-free facility to honour those with health conditions and allergies. This includes all perfumes, scented products, and essential oils. Thank you for your understanding.

Please note that those seated nearest the stage may be captured on our live-stream, which is available for public viewing.

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## GOSPEL CHAPEL

7048 Donaldson Drive | 250-442-5148 | [www.gospelchapelgf.com](http://www.gospelchapelgf.com) |  
[ledwardse@gospelchapelgf.com](mailto:ledwardse@gospelchapelgf.com)

## ANNOUNCEMENTS

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### OCTOBER-NOVEMBER CALENDAR

- ✦ **Nov 1<sup>st</sup>** – Large Group Youth Event / 6:30-9pm / 12750 North Fork Rd
- ✦ **Nov 2<sup>nd</sup>** – Pines Work Day / 9:00am start time / Pines Bible Camp
- ✦ **Nov 15<sup>th</sup>** - Essentials of Precept's Bible Study Method / 6:30-9:30pm / River Valley Community Church
- ✦ **Nov 16<sup>th</sup>** – How to Study New Testament Letters / 9am-5pm / River Valley Community Church
- ✦ **Nov 17<sup>th</sup>** – Operation Christmas Child Shoebox deadline

### WEEKLY MINISTRY

- ✦ SUNDAY / **Pre-Service Prayer Time** / 8:30-9:20am / Fireside Rm
- ✦ SUNDAY / **Lodge Ministry** / Boundary Lodge 1pm / Silver Kettle 2pm / 2<sup>nd</sup> Sunday of the month / No masking required
- ✦ MONDAY / **Weekly Ladies DBS** / 9:30-11:30am / Childcare room behind balcony / Contact Lindsay Hiebert-Edwards at [edwardsmain@protonmail.com](mailto:edwardsmain@protonmail.com) / Not in session Oct 12<sup>th</sup>
- ✦ MONDAY / **Men's Basketball** / 7-9pm
- ✦ WEDNESDAY / **Weekly Prayer Meeting (via Zoom)** / 7am  
Contact Evelyn Brown at [evbaca@juno.com](mailto:evbaca@juno.com) for link
- ✦ WEDNESDAY / **55+** / 10am-12pm / Fireside Room
- ✦ THURSDAY / **Sensible Shoes Study** / 1-3pm / Fireside Room
- ✦ THURSDAY / **L.I.F.T.** / 6:30-8:00pm
- ✦ FRIDAY / **Men's Group** / 6am / MW Electric (222 72<sup>nd</sup> Ave)
- ✦ SATURDAY / **Prayer for Israel-Hamas War** / 1-2pm / 1536 Donaldson Drive / Hosted by Sarah Kirchhevel

### NOVEMBER "PRECEPT" WORKSHOPS

- ✦ **November 15<sup>th</sup> (6:30-9:30pm / River Valley Community Church):**  
Free workshop on how to observe, interpret, and apply any passage of Scripture using the Precept's Bible Study Method.
- ✦ **November 16<sup>th</sup> (9am-5pm / River Valley Community Church):**  
Apply Precept's Bible study skills to a New Testament letter and learn observation, interpretation and application skills for any New Testament Letter.  
**See the bulletin board in the inner foyer for QR code to register.**

## HELP TRANSPORT OCC SHOEBOXES

- ✦ Barry Hoover, our current OCC Shoebox coordinator, will be recovering from surgery this November and we are seeking someone with a truck (preferably with truck bed topper or cap) to transport shoeboxes to the Trail Alliance Church between the dates of Nov. 18<sup>th</sup> – 21<sup>st</sup>. Please contact Barry at [barryhoover196@hotmail.com](mailto:barryhoover196@hotmail.com).

### OCC SHOEBOX COLLECTION

- ✦ A reminder to pickup your Operation Christmas Child Shoeboxes and fill them with toys, school supplies, hygiene items, and that special WOW item. Do not include food, liquid based, camo or war-related items. Please include \$12 to cover cost of shipping. The deadline for dropping off boxes is November 17<sup>th</sup>!

### PINES WORK DAY

- ✦ Outdoor projects are the main focus of this work day! There will be a role for everyone regardless of skillset. Work will begin at 9am and lunch is provided! Items to bring if you have them: rakes, work gloves, chainsaw, safety equipment, pruning shears.

### GIVING

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- ✦ Please use the offering box located at the info desk for your donations during Sunday service times!
- ✦ To give to the ministry of Gospel Chapel: e-transfer to [gcfincancteam@gmail.com](mailto:gcfincancteam@gmail.com), drop-off envelopes at the church office Tuesday through Thursday, or deposit them into the offering box during Sunday services.

### PLEASE PRAY FOR:

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*Oksana Betancurt*  
*Steve Birdsall (Kristy Benson's brother)*  
*Tony Bosch & Ann Flynn (Coby Postma's brother-in-law & sister)*  
*Luke Postma (Steve Postma's brother)*  
*Georgia Campeau / Jim Goertzen / Bruce & Laurie Hawley*  
*Jack Hooge / Norm Marian / Ruth Martens*  
*Maxim & Anya Olfierovski / Multiply Pastors – Zaporozhye, Ukraine*  
*Darlene Preston (Tammy Battersby's mother)*  
*Paula Savin / Doug Sinclair / Barb Smuland*

# Self-control is choosing to do what's best even when you don't want to.

## DAY 1

### Read Proverbs 25:16

This verse gives a pretty clear picture of why self-control is important. If you eat too much of something yummy, even if it's your very favorite food, you will throw up. Spin around one too many times and you will fall down dizzy. Ride your bike too far in the hot sun and you might pass out. You have to know when to stop!

#### Enough Is Enough

Grab an empty soda bottle and pull off the label. Then, mark 18 lines on the side from the bottom to the top. Under each line, write one word of the verse in order. Fill a pitcher with water and set the bottle in the sink. Carefully pour the water from the pitcher into the bottle as you say the verse. When it gets to the top, keep pouring. This is a picture of what happens when enough is enough! Dump out the water and repeat again until you can say the verse from memory.

## DAY 2

### Read Proverbs 28:7

Too much of a good thing is actually a bad thing. Your parents know this is true. That's why it's often your mom or dad who tells you when it's time to turn off the TV, or reminds you to put on sunscreen, or limits the amount of ice cream in your bowl.

It isn't that your mom or dad doesn't want you to have fun. It's that they understand that limits can actually make your life a whole lot easier. So when your grownup says, "Enough is enough" or "It's time to stop," you need to pay attention so that good things will always be good things.

#### Talk About Self-control

Interview your parent. Ask them: Was there a time when you were my age and you didn't show self-control or know when to stop? What happened?



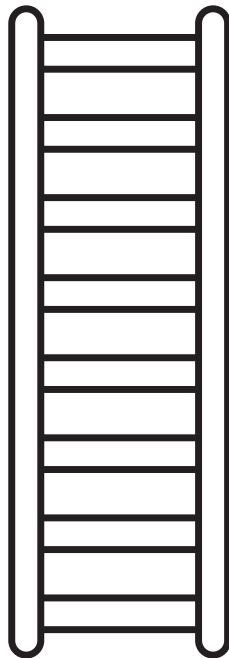
DAY 3

### Read 2 Peter 1:5-7

Self-control is choosing to do what you *should* do, not what you *want* to do. Doing what you *want* to do is easy. Doing what's *right* or what you *should* do isn't.

When you become a Christian—a follower of Jesus—you grow in your faith, just like you're growing taller and stronger as you age. As your faith grows, some things that were once hard will become easier. It doesn't happen overnight, and it doesn't mean that you'll always get it right. But God promises to help you as you follow Jesus. Before you know it, all those things you "*should*" do will become almost as easy as all the things you "*want*" to do.

Fill in the words from the word bank on the ladder below. Start with Faith on the bottom rung. Then fill in the other words from the verse from bottom to top.



- Faith
- Goodness
- Knowledge
- Self-control
- Strength
- Godliness
- Kindness
- Love



DAY 4

### Read Galatians 5:22-23

What's your favorite fruit? For your favorite fruit to grow the right way, it has to come from a healthy tree or plant. Plenty of water, sunlight, and the right kind of soil produce the juiciest, yummiest fruits.

Self-control is a fruit of the Spirit. By reading your Bible, praying and talking to God, meeting with your small group at church, and talking to your parents about God, you are learning to grow in the Spirit and produce good fruits like love, joy, peace, kindness, goodness, and even self-control.

#### Fruit Wrap Up

Grab a piece of fruit from the kitchen. Find a piece of paper, write "Self-Control" across the front, and decorate the page. Then "wrap" up your fruit with the paper and put it back in the fruit bowl. When a family member goes to grab a piece of fruit, be prepared to explain how self-control is a fruit of the Spirit.

## Know when to stop.

